

## **UPDATE: OCTOBER – NOVEMBER 2025**

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the centre of your life.

Philippians 4:6-7 (The Message)

## So much to be grateful for

In Chapter 4 of Philippians, Paul then goes onto make the powerful statement... I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. Who would not want that? Of course, he is writing this while being imprisoned by the Romans and, even under conditions of extreme privation, his relationship with Jesus Christ is enough for him. Like any relationship, this has grown through investing time in communication, listening and learning. In these few words, Paul demonstrates the investment is so worth it.

Even in secular circles the practice of gratitude has been scientifically tested to improve mental and physical wellbeing. Practising gratitude, hand in hand with the love of Our Father is so much more powerful and worth cultivating.

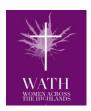
Currently it is easy for Ness Pastors to be grateful. It feels like we have been almost ready for a while, and we have had to trust in the Lord's timing. However, we are pleased to be able to tell you that at the most recent meeting of Love Inverness Trustees, they agreed that the time was right to recruit a new coordinator. This funded post, which will play a crucial role in our ambition to double our operations, will be advertised during November with interviews in December.

If this is something that you or a contact may be interested in, do give it prayerful consideration and get in touch.



Alongside prayer, our Bibles are a key tool to developing the relationship with Jesus that enables us to practice gratitude in all circumstances.





Thank you to the participants at the Women Across the Highlands conference in September. Their support for Ness Pastors raised over £1100, which will go a long way to supporting our mission. We are hopeful that some of the women attending may be inspired to join our ranks when we start to recruit new Street and Prayer Pastors early in 2026.

## **Patrol Dates** – all currently in the City Centre.

Friday 10 October	22:00 – 01:00
Saturday 11 October	22:00 – 03:00
Wednesday 15 October	10:00 – 12:00
Wednesday 22 October	10:00 - 12:00
Friday 31 October	22:00 - 03:00
Saturday 01 November	22:00 – 03:00
Wednesday 05 November	10:00 - 12:00
Saturday 15 November	22:00 - 03:00
Wednesday 19 November	10:00 - 12:00
Wednesday 26 November	10:00 – 12:00
Friday 28 November	22:00 – 01:00
Saturday 29 November	22:00 – 03:00

## **Points for Prayer**



Always, we are thankful for the power and freedom we have in Christ. Give thanks for the vision that has brought such a diverse group of Christians together, serving our Lord and community. Pray for peace and unity of purpose.

- ∞ Please pray for the people our patrols have met. Inverness is small enough to need
  us to be economical with detail to maintain privacy. Recent encounters include with
  newly homeless, bereaved, suicidal (with thanks to the support for our Police there),
  intoxicated, confused, curious and simply joyous. May each encounter sow seeds
  that develop into a thirst to develop a relationship with Christ.
- ∞ Continue to pray protection over our remaining patrols and the various agencies that support us. Give thanks for the families, friends and churches who support them.
- $\infty$  On the nights we currently cannot cover, continue to pray protection over the lost and vulnerable. Each is precious.

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossian 3:15-17 (NLT)

